### **TEACHER'S GUIDE**

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MISSION 2: "Flight to Freedom"

#### **Excerpt from Frederick Douglass Autobiography**

Frederick Douglass was born into slavery in Maryland. Douglass attempted to runaway several times and finally succeeded in 1838 at the age of 20. Once North, he became a leader of the anti-slavery movement, editor of the abolitionist newspaper The North Star and, after the Civil War, a diplomat for the U.S. government. This excerpt is from Douglass' autobiography, which received wide acclaim and became a bestseller in 1845.

It is impossible for me to describe my feelings as the time of my contemplated start drew near. I had a number of warm-hearted friends in Baltimore,--friends that I loved almost as I did my life, --and the thought of being separated from them forever was painful beyond expression. It is my opinion that thousands would escape from slavery, who now remain, but for the strong cords of affection that bind them to their friends.

....Besides the pain of separation, the dread and apprehension of a failure exceeded what I had experienced at my first attempt. The appalling defeat I then sustained returned to torment me. I felt assured that, if I failed in this attempt, my case would be a hopeless one — it would seal my fate as a slave forever.

I could not hope to get off with any thing less than the severest punishment, and being placed beyond the means of escape. It required no very vivid imagination to depict the most frightful scenes through which I should have to pass, in case I failed. The wretchedness of slavery, and the blessedness of freedom, were perpetually before me. It was life and death with me. But I remained firm, and, according to my resolution, on the third day of September, 1838, I left my chains, and succeeded in reaching New York without the slightest interruption of any kind. How I did so, — what means I adopted, — what direction I travelled, and by what mode of conveyance, — I must leave unexplained, for the reasons before mentioned.

I have been frequently asked how I felt when I found myself in a free State. I have never been able to answer the question with any satisfaction to myself. It was a moment of the highest excitement I ever experienced. I suppose I felt as one may imagine the unarmed mariner to feel when he is rescued by a friendly man-of-war from the pursuit of a pirate. In writing to a dear friend, immediately after my arrival at New York, I said I felt like one who had escaped a den of hungry lions.

This state of mind, however, very soon subsided; and I was again seized with a feeling of great insecurity and loneliness. I was yet liable to be taken back, and subjected to all the tortures of slavery. This in itself was enough to damp the ardor of my enthusiasm. But the loneliness



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overcame me. There I was in the midst of thousands, and yet a perfect stranger; without home and without friends, in the midst of thousands of my own brethren — children of a common Father, and yet I dared not to unfold to any one of them my sad condition. I was afraid to speak to any one for fear of speaking to the wrong one, and thereby falling into the hands of moneyloving kidnappers, whose business it was to lie in wait for the panting fugitive, as the ferocious beasts of the forest lie in wait for their prey.

The motto which I adopted when I started from slavery was this — "Trust no man!" I saw in every white man an enemy, and in almost every colored man cause for distrust. It was a most painful situation; and, to understand it, one must needs experience it, or imagine himself in similar circumstances.

Let him be a fugitive slave in a strange land — a land given up to be the hunting-ground for slaveholders — whose inhabitants are legalized kidnappers — where he is every moment subjected to the terrible liability of being seized upon by his fellowmen, as the hideous crocodile seizes upon his prey! — say, let him place himself in my situation — without home or friends — without money or credit — wanting shelter, and no one to give it — wanting bread, and no money to buy it, — and at the same time let him feel that he is pursued by merciless menhunters, and in total darkness as to what to do, where to go, or where to stay, — perfectly helpless both as to the means of defence and means of escape, — in the midst of plenty, yet suffering the terrible gnawings of hunger, — in the midst of houses, yet having no home, — among fellow-men, yet feeling as if in the midst of wild beasts, whose greediness to swallow up the trembling and half-famished fugitive is only equalled by that with which the monsters of the deep swallow up the helpless fish upon which they subsist, — I say, let him be placed in this most trying situation, — the situation in which I was placed, — then, and not till then, will he fully appreciate the hardships of, and know how to sympathize with, the toil-worn and whip-scarred fugitive slave.

Frederick Douglass, Narrative of the Life of Frederick Douglass, an American Slave. Written by Himself. Boston: Anti-Slavery Office, 1845, p. 106-09.

